

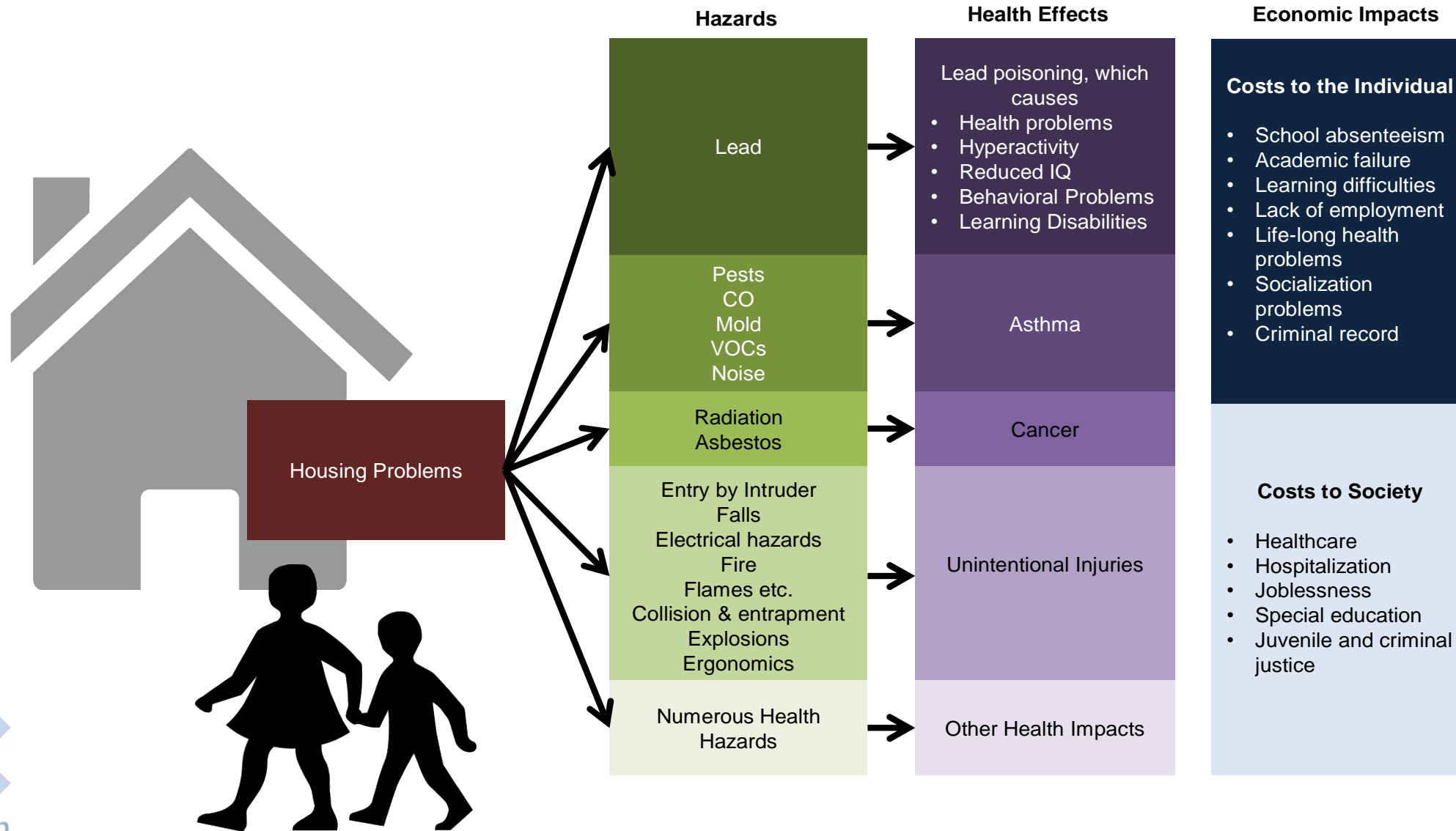
# **Impact of Federal Housing Assistance on Housing and Environmental Quality among U.S. Households**

**MyDzung T. Chu**

Gary Adamkiewicz, Andrew Fenelon,  
Ami Zota

IAPHS 2021  
Conference

# Health & Economic Impacts of Poor Housing Conditions



(Based on: OLHCHH, 2014, Healthy Homes Rating System Operating Guidance; Loyola University 2015)

# Socioeconomic and Racial inequalities in Housing access



Estimating Evictions in Massachusetts during COVID-19  
August 2020



*Housing and Health*

*Intersection of Poverty and Environmental Exposures*

VIRGINIA A. RAUH,<sup>a</sup> PHILIP J. LANDRIGAN,<sup>b</sup> AND LUZ CLAUDIO<sup>c</sup>

<sup>a</sup>*Columbia Center for Children’s Environmental Health, Mailman School of Public Health, Columbia University, New York, New York, USA*

<sup>b</sup>*Department of Community and Preventive Medicine and Children’s Environmental Health Center, Mount Sinai School of Medicine, New York, New York, USA*

<sup>c</sup>*Department of Community and Preventive Medicine, Mount Sinai School of Medicine, New York, New York, USA*



Urban institute, 2020

# Federal HUD Rental Assistance

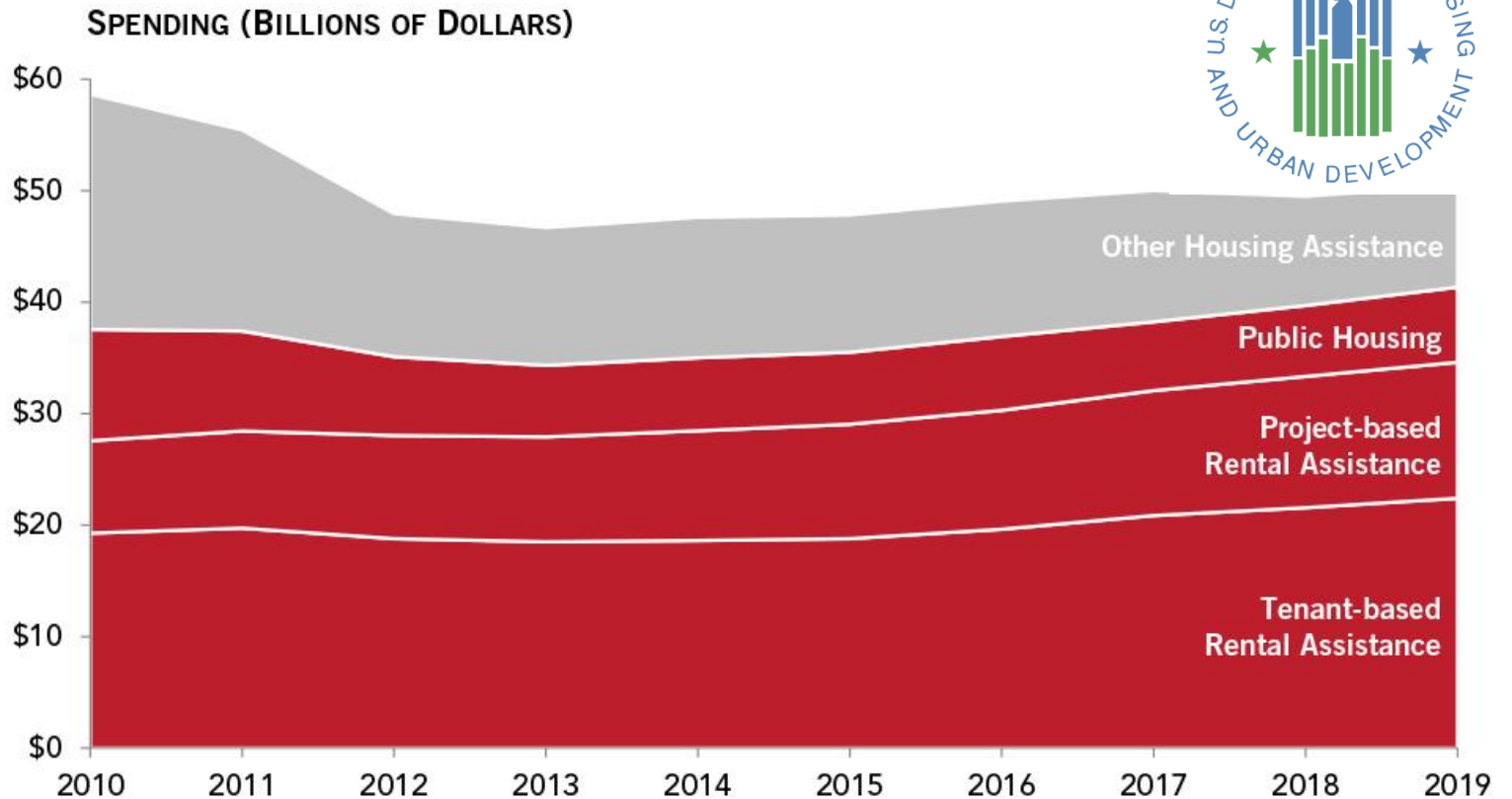


Most federal spending on housing assistance is for three low-income rental programs



## Eligibility:

- <50% Area Median Income (AMI) for tenant-based
- <80% AMI for public housing & project-based



SOURCE: Office of Management and Budget, *Public Budget Database, Budget of the United States Government: Fiscal Year 2021*, February 2020.  
NOTES: Tenant-based rental assistance also includes the Housing Certificate Fund and Family Self-Sufficiency program. Public housing also includes the HOPE VI program and the Choice Neighborhoods Initiative. Other housing assistance includes programs such as Supportive Housing for the Elderly, Housing for Persons with Disabilities, and Rural Rental Assistance.

© 2020 Peter G. Peterson Foundation

PGPF.ORG

# Research Objective

- Investigate the association of federal housing assistance and residential housing and environmental conditions among low-income renter households at the national level
- Evaluate effect modification by program type (i.e. project-based and housing choice vouchers)



# Methods

## Data source



2011, 2015, 2015, 2017, and 2019  
American Housing Survey  
National Public Use Files (PUFs)



## Design



National Cross-sectional

## Study population



### Selection criteria:

U.S. occupied housing  
Non-homeownership: renters, occupy without rent  
Single & Multifamily units, land-based  
First AHS household interview (removed repeats across years)

## Measures



### HUD assistance x FPL

- FPL  $\leq$  50%
- FPL 101+%
- *Categorical*



### HEQ Index

- 9 Domains
- Continuous scores

## Statistical Analyses



1. Descriptive: Chi-square tests
2. Negative binomial regression models, log-link
3. Test effect modification of program type – interaction term
  - Public & Project-based housing
  - Housing Choice Vouchers

# Housing & Environmental Quality (HEQ) Index

- 9 HEQ domains
- 47 AHS items
- Self-reported, prevalence or frequency of condition
- Items weighted (1-3) based on hazard severity
  - Higher score = Worse quality



# Results

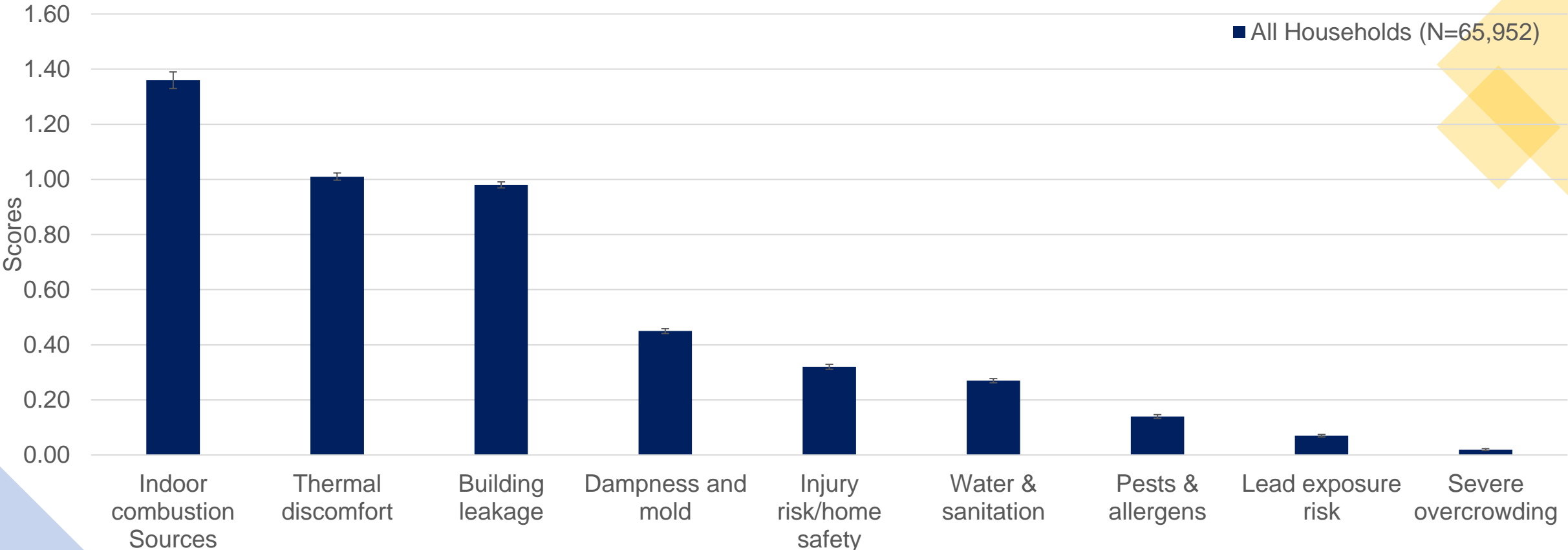
- U.S. renter households in single- and multifamily housing (N=65,952)
- HUD-assisted households: n=14,703, 22.2%
  - 61% Project-based housing
  - 39% Housing choice vouchers
- Very low-income households (0 -50% Federal Poverty Level [FPL]: n=9,699, 14.7%
- *Notable differences in sociodemographic characteristics and household composition*

## Low-Income Households (0-50% FPL)

	HUD assistance (N=4,366)	No HUD Assistance (N=5,333)
<b>Race/Ethnicity</b>		
White Non-Hispanic (NH)	1,121 (25.7%)	2,305 (43.2%)
Asian NH	126 (2.9%)	359 (6.7%)
Black NH	2,235 (51.2%)	1,325 (24.8%)
Hispanic/Latinx	745 (17.1%)	1,183 (22.2%)
Other/Multiracial NH	139 (3.2%)	161 (3.0%)
<b>Education level</b>		
Up to Highschool	1,536 (35.2%)	1,307 (24.5%)
HS Graduate/GED	1,461 (33.5%)	1,522 (28.5%)
Some College (e.g. Assoc, Voc. Tech)	1,145 (26.2%)	1,593 (29.9%)
Bachelor's degree	168 (3.8%)	653 (12.2%)
Graduate degree	56 (1.3%)	258 (4.8%)
<b>US Citizenship</b>		
US-born	3,785 (86.7%)	3,973 (74.5%)
Foreign-born: Naturalized	325 (7.4%)	400 (7.5%)
Foreign-born: Non-US Citizen	256 (5.9%)	960 (18.0%)
<b>Housing Type</b>		
Single-family	1,198 (27.4%)	1,979 (37.1%)
Multifamily	3,168 (72.6%)	3,354 (62.9%)
<b>Presence of children (&lt;18 y.o.)</b>	2,266 (51.9%)	1751 (32.8%)
<b>Presence of elders (65+ y.o.)</b>	821 (18.8%)	886 (16.6%)
<b>1+ HH member has difficulty walking/climbing stair</b>	953 (21.8%)	696 (13.1%)



# Distribution of Housing & Environmental Quality Scores



\* =  $p < 0.01$   
Raw scores

# Ratio differences in Housing & Environmental Quality Scores

Reference: very low-income, HUD-assisted households

	<u>No HUD-assistance</u> FPL 0-50%
	PR (95% CI)
<b>Cumulative</b>	1.02 (0.99 - 1.05)
<b>Indoor combustion sources</b>	0.99 (0.94 - 1.05)
<b>Building Leakage</b>	1.01 (0.98 - 1.04)
<b>Dampness &amp; Mold</b>	0.92 (0.82 - 1.03)
<b>Pests &amp; Allergens</b>	0.98 (0.81 - 1.18)
<b>Thermal Discomfort</b>	<b>0.93 (0.88 - 0.98)</b>
<b>Lead paint risk</b>	1.20 (0.82 - 1.73)
<b>Injury/home hazards</b>	1.12 (0.97 - 1.29)
<b>Water &amp; Sanitation</b>	<b>1.35 (1.14 - 1.60)</b>
<b>Severe overcrowding</b>	<b>5.10 (3.32 - 7.92)</b>

Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle. PR = Prevalence ratio. **Bolded** are statistically significant (p < 0.01).

# Ratio differences in Housing & Environmental Quality Scores

Reference: very low-income, HUD-assisted households

	<u>No HUD-assistance</u> FPL 0-50%	<u>HUD-assistance</u> FPL 101+%
	PR (95% CI)	PR (95% CI)
<b>Cumulative</b>	1.02 (0.99 - 1.05)	<b>0.81 (0.78 - 0.83)</b>
<b>Indoor combustion sources</b>	0.99 (0.94 - 1.05)	<b>0.85 (0.80 - 0.90)</b>
<b>Building Leakage</b>	1.01 (0.98 - 1.04)	<b>0.74 (0.71 - 0.76)</b>
<b>Dampness &amp; Mold</b>	0.92 (0.82 - 1.03)	<b>0.80 (0.71 - 0.90)</b>
<b>Pests &amp; Allergens</b>	0.98 (0.81 - 1.18)	<b>0.56 (0.46 - 0.68)</b>
<b>Thermal Discomfort</b>	<b>0.93 (0.88 - 0.98)</b>	<b>0.90 (0.85 - 0.94)</b>
<b>Lead paint risk</b>	1.20 (0.82 - 1.73)	<b>0.68 (0.47 - 0.99)</b>
<b>Injury/home hazards</b>	1.12 (0.97 - 1.29)	<b>0.74 (0.64 - 0.86)</b>
<b>Water &amp; Sanitation</b>	<b>1.35 (1.14 - 1.60)</b>	0.93 (0.78 - 1.10)
<b>Severe overcrowding</b>	<b>5.10 (3.32 - 7.92)</b>	0.98 (0.55 - 1.71)

Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle. PR = Prevalence ratio. **Bolded** are statistically significant (p < 0.01).

# Ratio differences in Housing & Environmental Quality Scores

Reference: very low-income, HUD-assisted households

	<u>No HUD-assistance</u> FPL 0-50%	HUD-assistance <u>FPL 101+%</u>	<u>No HUD-assistance</u> & <u>FPL 101+%</u>
	PR (95% CI)	PR (95% CI)	PR (95% CI)
<b>Cumulative</b>	1.02 (0.99 - 1.05)	<b>0.81 (0.78 - 0.83)</b>	<b>0.76 (0.74 - 0.78)</b>
<b>Indoor combustion sources</b>	0.99 (0.94 - 1.05)	<b>0.85 (0.80 - 0.90)</b>	1.01 (0.97 - 1.06)
<b>Building Leakage</b>	1.01 (0.98 - 1.04)	<b>0.74 (0.71 - 0.76)</b>	0.41 (0.39 - 0.42)
<b>Dampness &amp; Mold</b>	0.92 (0.82 - 1.03)	<b>0.80 (0.71 - 0.90)</b>	<b>0.90 (0.82 - 0.99)</b>
<b>Pests &amp; Allergens</b>	0.98 (0.81 - 1.18)	<b>0.56 (0.46 - 0.68)</b>	<b>0.61 (0.52 - 0.71)</b>
<b>Thermal Discomfort</b>	<b>0.93 (0.88 - 0.98)</b>	<b>0.90 (0.85 - 0.94)</b>	<b>0.79 (0.76 - 0.83)</b>
<b>Lead paint risk</b>	1.20 (0.82 - 1.73)	<b>0.68 (0.47 - 0.99)</b>	0.92 (0.68 - 1.24)
<b>Injury/home hazards</b>	1.12 (0.97 - 1.29)	<b>0.74 (0.64 - 0.86)</b>	<b>0.82 (0.73 - 0.93)</b>
<b>Water &amp; Sanitation</b>	<b>1.35 (1.14 - 1.60)</b>	0.93 (0.78 - 1.10)	1.05 (0.92 - 1.21)
<b>Severe overcrowding</b>	<b>5.10 (3.32 - 7.92)</b>	0.98 (0.55 - 1.71)	<b>2.18 (1.48 - 3.28)</b>

Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle. PR = Prevalence ratio. **Bolded** are statistically significant (p < 0.01).

# Ratio differences in Housing & Environmental Quality Scores by Program Type - Among very low-income households

Reference: No HUD-assistance

	HUD: Project-based Housing	HUD: Housing Choice Vouchers
	PR (95% CI)	PR (95% CI)
<b>Cumulative</b>	1.02 (0.98 - 1.06)	<b>0.93 (0.89 - 0.97)</b>
<b>Indoor combustion sources</b>	<b>1.10 (1.03 - 1.17)</b>	<b>0.85 (0.79 - 0.92)</b>
<b>Building Leakage</b>	0.98 (0.94 - 1.02)	1.02 (0.97 - 1.06)
<b>Dampness &amp; Mold</b>	<b>1.14 (1.00 - 1.30)</b>	1.00 (0.85 - 1.17)
<b>Pests &amp; Allergens</b>	1.15 (0.93 - 1.42)	0.82 (0.63 - 1.07)
<b>Thermal Discomfort</b>	<b>1.10 (1.04 - 1.17)</b>	1.03 (0.96 - 1.11)
<b>Lead paint risk</b>	0.95 (0.63 - 1.46)	0.64 (0.38 - 1.09)
<b>Injury/home hazards</b>	0.95 (0.81 - 1.12)	<b>0.80 (0.65 - 0.97)</b>
<b>Water &amp; Sanitation</b>	<b>0.81 (0.67 - 0.99)</b>	<b>0.62 (0.49 - 0.79)</b>
<b>Severe overcrowding</b>	<b>0.18 (0.11 - 0.30)</b>	<b>0.22 (0.11 - 0.41)</b>

Adjusted for: Federal poverty level, race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle. PR = Prevalence ratio. **Bolded** are statistically significant (p < 0.01).

# Conclusions

- Socioeconomic disparities persisted in poor housing and environmental conditions
- Federal rental assistance could reduce the risk of severe crowding and water and sanitation issues
- Heterogeneity by HUD program type
  - Area for further research
- A multi-prong and multi-level approach is needed to address environmental health hazards among low-income populations



# Acknowledgements



PI: Ami Zota,  
George Washington University



Co-I: Gary Adamkiewicz,  
Harvard T.H. Chan School of  
Public Health



Co-I: Andrew Fenelon,  
Penn State University



RA: Kahang Ngau,  
George Washington University



American Housing Survey Participants



US Department of Housing and Urban Development (HUD)  
Healthy Homes Program Grant

## Thank you!

MyDzung Chu, PhD, MSPH  
Post-Doctoral Scientist

Department of Environmental and Occupational Health  
George Washington University Milken Institute School of Public Health

Email: [mchu@gwu.edu](mailto:mchu@gwu.edu) | [LinkedIn](#) | [@mydz\\_C](#)

# Extra slides



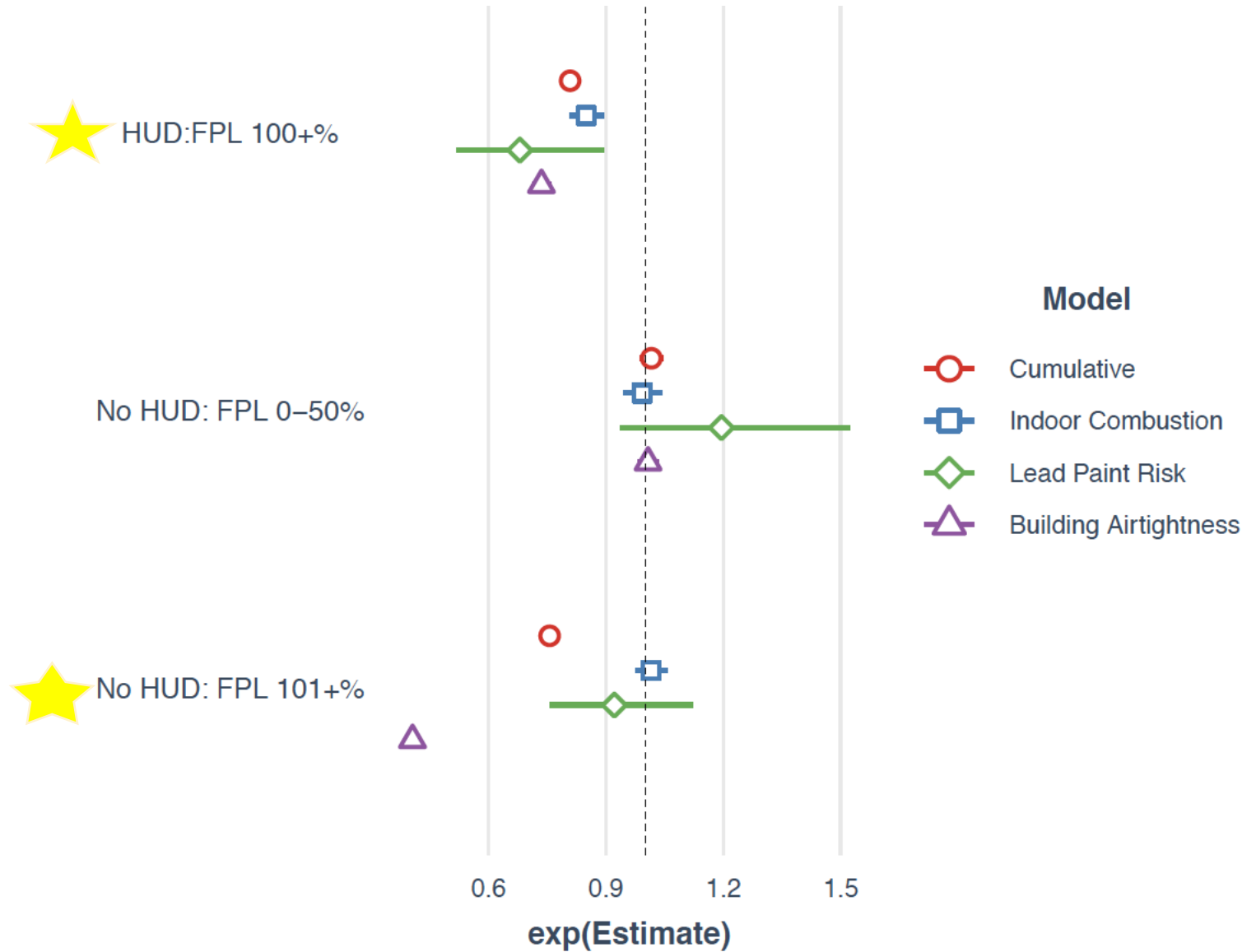
# Correlation of Cumulative & Domain Scores

	<b>Cumulative</b>	Indoor Combustion	Dampness & Mold	Pests & Allergens	Thermal Discomfort	Lead Paint Risk	Injury hazards/home safety	Water & Sanitation	Overcrowding	Building Airtightness
<b>Cumulative</b>	<b>1.00</b>	<b>0.56</b>	<b>0.41</b>	<b>0.29</b>	<b>0.56</b>	<b>0.23</b>	<b>0.37</b>	<b>0.30</b>	<b>0.11</b>	<b>0.35</b>
Indoor Combustion	<b>0.56</b>	1.00	0.04	0.05	0.17	0.05	0.05	0.00	0.03	-0.09
Dampness & Mold	<b>0.41</b>	0.04	1.00	0.16	0.11	0.19	0.24	0.15	0.02	0.02
Pests & Allergens	<b>0.29</b>	0.05	0.16	1.00	0.09	0.13	0.15	0.11	0.07	0.09
Thermal Discomfort	<b>0.56</b>	0.17	0.11	0.09	1.00	0.11	0.14	0.09	0.05	0.04
Lead Paint Risk	<b>0.23</b>	0.05	0.19	0.13	0.11	1.00	0.23	0.09	0.02	0.04
Injury hazards/home safety	<b>0.37</b>	0.05	0.24	0.15	0.14	0.23	1.00	0.12	0.02	0.02
Water & Sanitation	<b>0.30</b>	0.00	0.15	0.11	0.09	0.09	0.12	1.00	0.02	0.02
Overcrowding	<b>0.11</b>	0.03	0.02	0.07	0.05	0.02	0.02	0.02	1.00	0.04
Building Airtightness	<b>0.35</b>	-0.09	0.02	0.09	0.04	0.04	0.02	0.02	0.04	1.00

*Spearman correlation coefficients*

# Prevalence ratio of Poor HEQ Score

– *Indoor Combustion, Lead Paint Risk, and Ventilation*

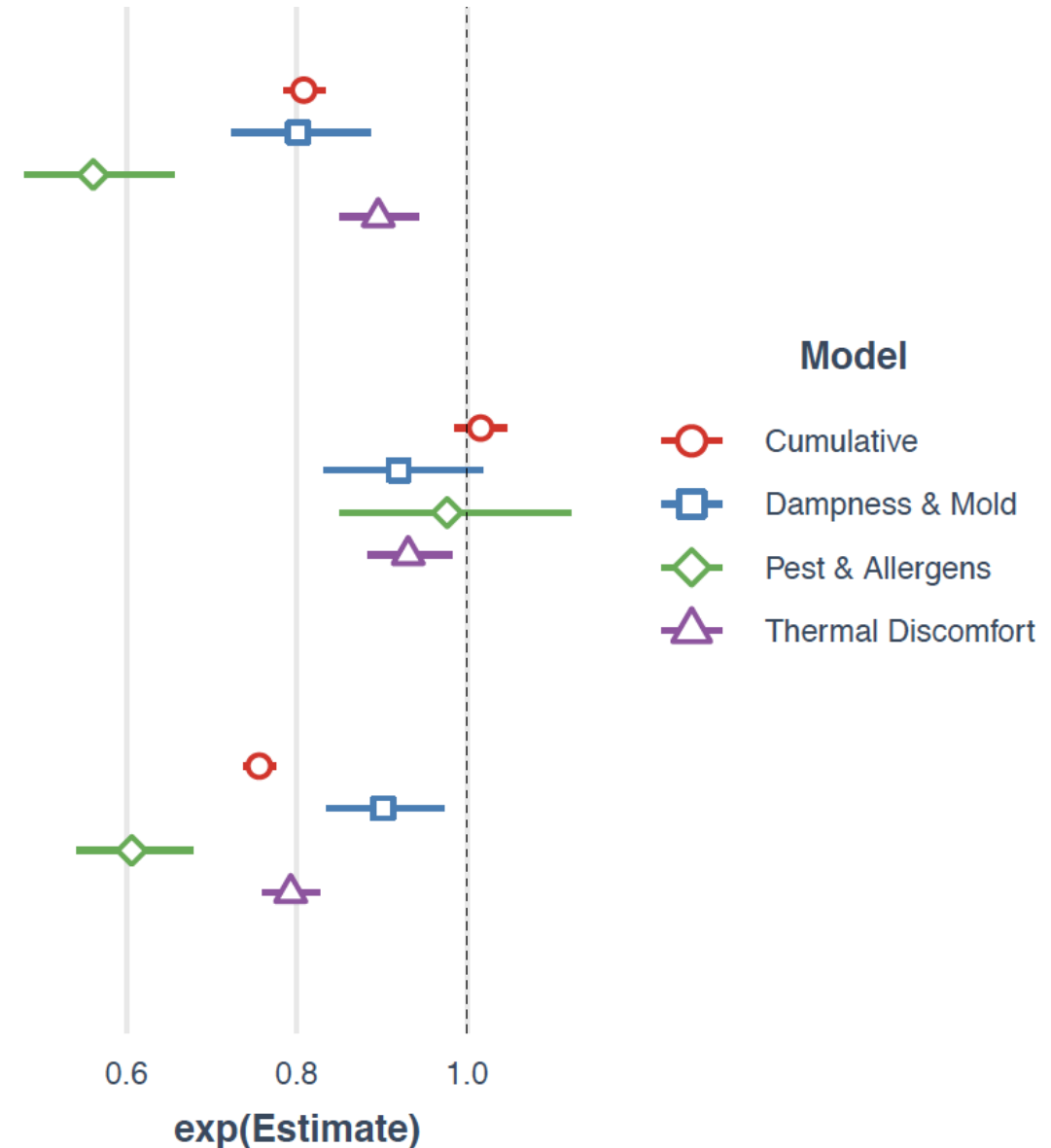


Referent group: HUD assistance: FPL 0-50%  
 Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle.

# Prevalence ratio of Poor HEQ Score

– *Dampness/Mold, Pests & Allergens, Thermal Discomfort*

- ★ HUD:FPL 100+%
- ★ No HUD: FPL 0–50%
- ★ No HUD: FPL 101+%



Referent group: HUD assistance: FPL 0-50%  
 Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle.

# Prevalence ratio of Poor HEQ Score

– *Injury hazards, Water/Sanitation, Overcrowding*

★ No HUD: FPL 0–50%

★ No HUD: FPL 101+%

HUD:FPL 100+%



Referent group: HUD assistance: FPL 0-50%  
 Adjusted for: Race/ethnicity, education, US citizenship, presence of children, presence of elders, physical disability, housing type, US Census region, and AHS survey cycle.